



SEPTEMBER LUNCH MENU

| | MONDAY Fish/Chicken Day | TUESDAY Chinese Day | WEDNESDAY Pasta Day | THURSDAY Meat Day | FRIDAY Sandwich Day |
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| WEEK 1 | | | 9 Spaghetti w/ tomato sauce and meatballs Garlic bread Milk Orange Jell-O | 10 Homemade patties Mashed potatoes Bread roll Milk Apple sauce | 11 Hot Pockets Salad with dressing Crackers Milk Brownies |
| WEEK 2 | 14 Teriyaki Chicken w/ Spanish rice Bread Milk Fruit | 15 Beef stew with vegetables w/ Pilaf rice Bread Sticks Milk Pudding | 16 Macaroni and cheese w/ chicken Garlic bread Milk Cake | 17 Meatloaf w/ rice Corn and beans Dinner roll Milk Fruit cocktail | 18 Ham and cheese sandwich Carrots and peas Milk Frozen Banana |
| WEEK 3 | 21 Fish sticks Salad with dressing Saltines Milk Cherry Jell-O | 22 Chicken Chow Mein w/ Noodles Steamed rice Milk Chocolate Cake | 23 Meat Lasagna Corn and string beans Garlic bread Milk Peaches | 24 Meatballs with Red rice Bread Milk Fruit | 25 Hot dog Salad with dressing Slice of bread Milk Frozen yoghurt |
| WEEK 4 | 28 Chicken sticks Salad with ranch Bread Milk Cake | 29 Creamy chicken Rice w/ Peas and carrots Saltines Milk Pears | 30 Fettuccini with Alfredo Sauce Salad with dressing Garlic bread Milk Cookie bar | | |